
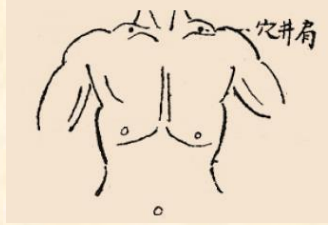


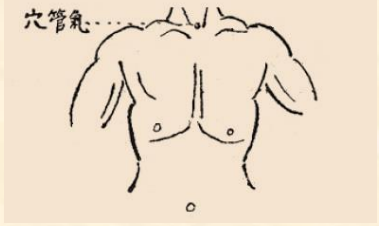
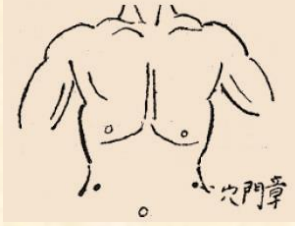
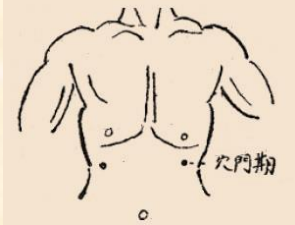


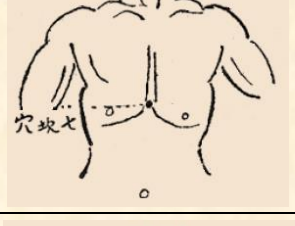


形意點穴 *Xíngyì Diǎnxué* 'Form Mind Striking Points'

1	劈拳 <i>Pīquán</i> 'Splitting fist'	百會 <i>Bǎihùi</i> 'Hundred meeting' Du20	
		肩井 <i>Jiānjǐng</i> 'Shoulder well' Gb21	
2	鑽拳 <i>Zuānquán</i> 'Drilling fist'	人中 <i>Rénzhōng</i> 'Man's centre' Du26	
		天柱 <i>Tiānzhù</i> 'Mute Gate' Du15	
		天突 <i>Tiāntū</i> 'Heavenly prominence' Ren22	

3	崩拳 <i>Bēngquán</i> 'Smashing fist'	章門 <i>Zhāngmén</i> 'Seal gate' Lv13	
		期門 <i>Qīmén</i> 'Phase gate' Lv14	
4	炮拳 <i>Pàoquán</i> 'Pounding fist'	太陽 <i>Tàiyáng</i> 'Great yang' Mhn9	
		翳風 <i>Yīfēng</i> 'Screen wind' Sj17	
		鳩尾 <i>Jiūwěi</i> 'Turtle-dove tail' Ren15	
5	橫拳 <i>Hèngquán</i> 'Crossing fist'	中腕 <i>Zhōngwǎn</i> 'Middle cavity' Ren12	